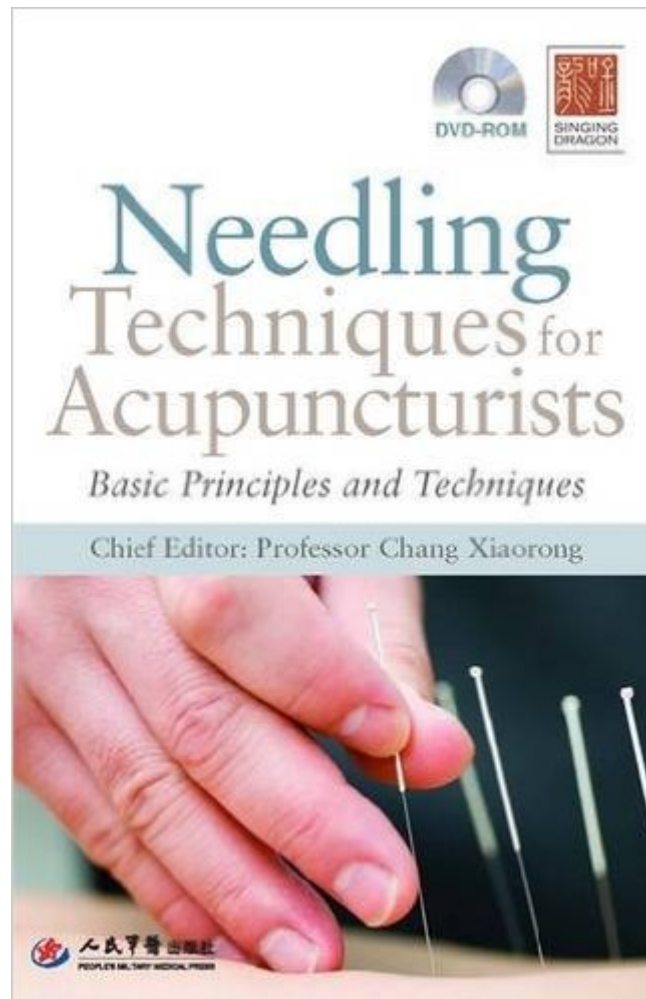


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# Needling Techniques For Acupuncturists: Basic Principles And Techniques [With DVD ROM]



## Synopsis

This introduction to the key principles of needling techniques for acupuncturists has been produced with the needs of the student in mind, and serves as a core learning tool for beginners, and a handy reference for later use. The book covers everything from the basics of good practice in care of filiform needles, through methods of insertion, to manipulation and the arrival of Qi. Reinforcing and reducing methods of acupuncture are explained, as are the four essential needling manipulations of Dragon-Tiger-Tortoise-Phoenix. The book concludes with practical chapters on the retention and withdrawal of needles, and the management and prevention of accidents. Explanations are clear and illustrated with diagrams, and fully demonstrated in action on the accompanying DVD (for PC only). For ease of use, all key manipulations and principles are indexed on the DVD for quick reference and easy repetition. This practical guide will be an invaluable learning and reference aid to all students and practitioners of acupuncture.

## Book Information

Paperback: 80 pages

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Average Customer Review: 4.2 out of 5 starsÂ Â See all reviewsÂ (8 customer reviews)

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## Customer Reviews

The media that accompanies this is very helpful! The book is well-organized and written. It gives acupuncturists information not easily obtained otherwise! I highly recommend this book!

The book is wonderful. The information is well organized. The only real problem is that I use a Mac Book Pro (2011). The DVD ROM will not work on my Mac. I had to take the DVD to School in order to view it. Once I did I thought it was well worth the effort.

Very informative, if you want to learn different techniques of needling. There is also a dvd with demonstrations included.

Basic needling techniques. Good small book

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